

## Idsall Gymnastics Club **New Registration Form**



Dear parent/guardian

Welcome to Idsall Gymnastics Club!

Please complete the registration form overleaf and return it asap, including your email address where possible. It is vitally important that you keep your contact details up to date as these are the contact details we will use in the event of an emergency for your child. Please notify us immediately if your details or your child's medical details change.

In order to comply with insurance requirements you **must** take British Gymnastics membership on behalf of your child. This includes insurance and other benefits. This can be done by visiting their website. https://www.british-gymnastics.org/

We would also like to point out that we are always looking for volunteers and helpers to assist in running the club and making it more successful for your children. All the equipment that you see in the club has been funded by fees. If you would like to help please don't hesitate to talk to Dave or Katie.

If you have any ideas or suggestions for the club or can help out in any way – please complete the box below. You will also find below some parent guidance about our club, please retain this or speak to either Katie or Dave if you have any queries.

We appreciate your help and support.

Suggestions/Areas I may be able to help:						



# **Idsall Gymnastics Club Emergency Contact Details.**



Name						
Age		Date of Birth				
Address						
Postcode						
Email						
	Conta	ct Telephone Numb	er <u>s</u>			
Home						
Mobile						
Work						
Emergency Contact Details						
Name						
Telephone						
My child	has the follo	Medical Details owing medical conce	erns/special needs			
E.g. Asthma, Penicillin, Other						
<u>C</u>	onsent Stat	ements (Please delete as	appropriate)			
I will read all policies on the club	website and	will abide by them a follows them.	and ensure my child understands them and			
I agree to my child's photograph pot IGC printed or o	YES/NO					
I consent to any emergency treatinecessary during any club sessions the leader to sign, on my behalf required by the hospital authoritideemed no	YES/NO					
I agree to my child's details being a information will remain confidentia other orga	YES/NO					
· ·						
Signature of Parent/Guardia	n		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,			

This form must be signed by the person with parental responsibility of the child named and returned to Katie or Dave.





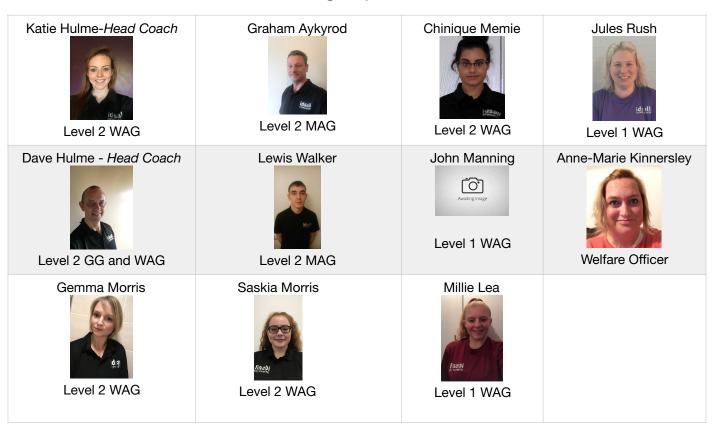


#### INTRODUCTION.

Welcome to Idsall Gymnastics Club(IGC). The information below is provided to welcome you into the club and provide you with basic information. More detailed information can be found on our website or by talking to the coach at the end of your session. In addition, it is also important for you to understand that gymnastics is the fundamental preparation for all physical activities and to compete at a higher level can be very difficult.

Sometimes gymnastics can be hard work and dangerous, gymnasts may occasionally suffer injuries however, every precaution is taken to avoid this. Alongside fully qualified coaches and a safe environment, the gymnast's training programme will involve a proportion of body conditioning and preparation. The level of conditioning will depend on the stage of gymnastic development. To assist in this, Gymnasts will be advised and encouraged to look after their general health and body. Gymnasts may also have times of high and low emotion, but overall should have fun, please make yourself aware of this and support them through all occasions.

#### Your Coaches, Welfare Officers, and Young Helpers.







#### **GUIDANCE FOR PARENTS.**

A good coach will develop a strong, trusting bond with his/her gymnasts. This is essential in a successful coach/gymnast relationship. However, as a parent you should be aware that:

- The club has a published Child Protection Policy, which ensures that all young people are protected and kept safe from harm. In addition, IGC have adopted British Gymnastics Health, Safety and Welfare policy, Child Protection policy and Good Practice procedures.
- The club has an Anti-bullying policy.
- The club has Codes of Conduct for all members including coaches, staff and volunteers, parents and gymnasts.
- There is a designated person (Welfare Officer Anne-Marie Kinnersley) amjk30@hotmail.com in place with a responsibility for Child Protection and Safeguarding issues.
- There are procedures in place for dealing with *Concerns, Complaints and Disciplinary Issues*.
- The club has procedures in place for Safe Recruitment including Disclosure Barring Service (DBS) disclosures.
- The Head coach in charge (KATIE HULME) has a minimum qualification of BG LEVEL 2 WOMENS ARTISTIC GYMNASTICS Award.
- The individual coaches have qualifications appropriate to the gymnasts' performance level.
- The club makes every effort to ensure that at least two responsible adults are present during training sessions. (NB The second adult could be a parent helper or club official)
- If required, suitable procedures for individual care needs of children, i.e. specific routines and alternative arrangements can be discussed and arranged.
- The club ensures all coaches attend *Child Protection Awareness* training.
- Gymnasts must follow the dress code policy; wearing tight fitting clothing(no baggy tops are to be worn over crop tops as this creates a hazard) and hair is to be tied up and away from the face. If hair is excessively long it should be tied into a bun. See *Dress Policy* for more details.
- All Squad and Development gymnasts need to carry their own equipment in a gym bag to each session. This should include: note book and pen, Handguards, chalk, wristbands, bobbles and hair grips, micro pore tape for earrings, plasters, zinc oxide tape, socks
- Parents are not discouraged from watching and are encouraged to become involved.
- The club has an Equity/Equality policy, which states that all young people have an equal right to be protected from harm, and, that discrimination is not tolerated.
- Please follow the *Membership*, *Registration and Fees Policy* and ensure you pay your fees on time as this may cause you to incur a charge, your membership to become invalid and lose your place.





- The process for paying fees is as follows:
- 1. The club will issue a monthly invoice via email as a reminder. Please send in your email address.
- 2. All payments will need to be paid by the 10<sup>th</sup> day of every month.
- 3. Parents/carers will have their own reference e.g. Asmi-Sat-Fee that will need to be used. This makes it easier to identify payments.
- 4. All payments will need to be made electronically (Direct Debit or Standing Order) via your bank. The club account details are: account no. 02767878, sort code 30-18-55)
- 5. Late fees over 1 month will incur a £5 charge. Unless other arrangements are made by prior agreement.
- 6. The club will stop gymnasts training if fees are unpaid for more than 3 months.
  - You **must** take British Gymnastics membership which includes insurance. This can be done by visiting their website. <a href="https://www.british-gymnastics.org/">https://www.british-gymnastics.org/</a>
    - You need to apply for Bronze membership.
    - o The two types of gymnastics that your child participates in are General Gymnastics and Women or Men's Artistic Gymnastics
  - The club has a webpage <u>www.idsallgymnasticsclub.com</u> and <u>Facebook page</u>. We will post the vast majority of our messages on Facebook so please ensure you join the page and ensure your notifications are turned on.

All the policies and documents, including additional guidance, that are mentioned above are available to you as parents/guardians on the club website. Your signature on the contact form above shows that you will read and comply by these policies.

As a parent/guardian, it is important that you encourage your children to talk to you about their training and ensure that they know how to voice their concerns if they are not happy about any situations that may arise.

This may seem like a huge amount of information. If you wish to find out more or are unsure of anything please don't hesitate to ask either Katie or Dave and we will endeavour to give you help, advice or the correct information. If we are unable to do this we will seek advice from British Gymnastics and their associated partners.

I hope you have found this helpful and all the coaching staff look forward to seeing you at the next session, helping you all discover and enjoy the amazing sport of gymnastics.

Many thanks,

Katie Hulme.

Head Coach.



